



The Woman's Club of Williamsburg, GFWC



NEWSLETTER, January 2018

General Meeting January 24, 2018 at Ford's Colony

- Price \$17.00. **Reservation change/cancellation date: January 17**
- The by-laws state "any member failing to cancel her luncheon reservation by the cancellation deadline is responsible to pay for that reservation."
- Registration 11:00-11:20; meeting will start promptly at 11:30; lunch service at 12:15.
- Please advise your telephone contact if you have any **special dietary requirements**. Special meals are only available if pre-ordered!

Main Menu: Meat loaf with pan gravy, mashed potatoes and green beans. **Dessert:** Assorted small desserts.

Message from the President

Wishing everyone a happy and healthy New Year! Thank you to everyone for all that you've done for our Club over the past year.

Dates to Remember

Jan 16	Arts Committee making flowers for Dominion Village (Joan Pavlica)
Jan 18	Volunteering Committee helping with Arc (Amy Payton)
Jan 24	General Meeting (arts contest, bring items for décor sale)
Jan 30	Fundraising Committee meeting (Barbara Muzzi)
Feb 5	Education Committee meeting (Lesley Atkinson)
Feb 14	Board Meeting
Feb 15	Tidewater President's Council Meeting, location TBD (Joan Whitla)

Corresponding Secretary: Karen Eversole

Don't forget to contact Karen if you know of a member who is ill or in need of cheer!

Treasurer: Jean Migneault

The Treasurer's Report is attached.

Fundraising: Barbara Muzzi

The Fundraising Committee will meet at Barbara's house, January 30 at 11:00 a.m. All Club members are welcome! Please RSVP to Barbara at 757-345-2789 or barbaramuzzi@msn.com.

Report Writing: Kathy Roper – no report

Communications, PR & Social Media: Jan Walker

Just a reminder that our May General Meeting is at night. Registration starts at 5:20 p.m., meeting starts promptly at 6:00 p.m. Mark your calendars now!

Membership: Kathy Roper— no report

Volunteer Committee: Amy Payton

This month **the Volunteer Committee will be assisting The Arc on Thursday, January 18 from 7-9 p.m.** for their arts and crafts activity at King of Glory Lutheran Church. If you're interested in helping, please email Amy at amylpayton@yahoo.com.

Program Committee: Ann Lysenko – no report

Community Service Program Coordinator: Sally Kellen

Thank you for your report-writing efforts and the prompt attention to this annual effort. Your holiday sharing and generous giving speaks well about WCW members -- we are participating in so many worthwhile creative projects! Lastly, the January Arts Contest is an annual celebration of our members' talents. Let's all join in to honor these talented ladies as we view the entries!

Arts: Joan Pavlica

Don't forget our Arts Contest at the January General Meeting -- we want to see your masterpieces!

The Arts Committee met January 9 to start making paper flowers for Dominion Village. Members took materials home and are making additional flowers for our next meeting. **The Committee will convene again at 2:00 p.m., Tuesday, January 16 at the Williamsburg Library** to put the flowers onto stems. All Club members are invited to help!

Lastly, remember that we'll hold our décor and art sale at the February General Meeting. **If you have any gently used home décor, jewelry, fashion scarves, etc. that you're ready to part with, bring it to the January General Meeting**, or drop it off at Joan Pavlica's house at 103 Bogey in Ford's Colony (call or text first, 757-810-8714). The types of items to donate: vases, framed pictures, small rugs or lamps, glassware, figurines, doodads, throws, decorative pillows, unused candles, baskets, quilts, bowls, seasonal items, interesting jewelry, scarves, umbrellas, hats, fake flowers and plants.

Conservation: Nancy Schusheim

Winter is very hard on house plants. Conserve by rinsing your egg shells and let them dry thoroughly on a paper plate and crumble them into tiny bits. Spread these around the soil of each plant to give needed calcium. You can also use milk that is turning sour to water your plants. Make sure to dilute with equal parts warm water. Of course your plants need a humidifier as we all do for our dry skin. And don't fertilize them until spring.

A reminder: Although we aren't collecting vases yet and have stopped collecting Coke caps, we still want your crayons, reading glasses, cell phones and pop tops.

Education: Margie Hoffman & Lesley Atkinson

The Education Committee will meet Monday, February 5 at 1:30 p.m. at the Windsor Meade clubhouse.

Home Life: Martha Mitchell & Mabel Marten – no report

International Outreach: Sue DiPette

We're planning two Betty Bunco events this spring to benefit Operation Smile and Heifer International! Games will be held tentatively in May, with both an afternoon and evening edition on the same day. **We'll need your help at these events!** There will be a sign-up sheet at the January meeting, or you can contact Sue directly (sdipette@cox.net or 757-221-0455). We're looking for people to help with registration (take names and payments) at the March and April General Meetings, and at the door at the event (check off names of attendees), pour drinks and set up snacks during event, and collect and distribute door prizes and game winnings. If you help with registration at the event, you may still play.

Operation Smile tins will be on the tables at the January, February and March General Meetings. Please donate any spare change or make a donation by check (make checks payable to WCW). We will again be collecting stamps for Wounded Warriors at the January meeting – please leave your stamps on the table by the sign.

Public Issues: Karen Buckley

Thank you to all members for your generosity this Fall. You donated \$400 for the Community Action Agency's food drive and 100 food items (thanks especially to Joan Ortenzi and Sally Kellen for delivering our donated food to CAA). And you donated 30 knitted items for Avalon and 28 hats for Head Start. Thank you! We are still knitting and shopping in January as there are almost 150 children in Head Start.

We will have our next Committee meeting right after the January General Meeting.

Health Report by Home Life Committee Health Advisor: Mabel Marten

Stroke: 3rd Most Dangerous Threat to Women's Health

Stroke is the third most dangerous threat to women's health in the United States (behind heart disease and cancer). It is responsible for almost 8 percent of all female deaths, and it is the leading cause of long-term disability in the United States. Women are more often affected by this condition than men with about 60 percent of the total number of stroke deaths happening in women.

For this reason, it's very important that all women learn to recognize the signs of a stroke. To spot signs of a stroke, remember **F.A.S.T. (Face drooping, Arm weakness, Speech difficulty, Time to call 911).**

1. Sudden numbness or weakness of the face, arm or leg, especially on one side of the body
2. Sudden confusion, trouble speaking or understanding
3. Sudden trouble seeing or blurred vision in one or both eyes
4. Sudden trouble walking, dizziness, loss of balance or coordination
5. Sudden severe headache with no known cause

You should never wait more than five minutes to dial 9-1-1 if you experience even one of the symptoms above. And remember to check the time. The responding emergency medical technician or ER nurse at the hospital will need to know when the first symptom occurred. Research conducted by The American Stroke Association shows that patients who take a clot-busting drug, or thrombolytic, within three hours of their first stroke symptom can reduce long-term disability from ischemic stroke, the most common type, accounting for about 87 percent of all cases.

(Sources: American Heart Association's goredforwomen.org and everydayhealth.com/womens-health)

Corrections and Additions to the Yearbook

New members:

Sharon Ruth, 6 Preston Grange Course, Wmsbg 23188, Phone 757-585-2130, Cell 703-618-8834, sharongo49@aol.com **NEW**

Beverly Maurice 6415 Isabella Drive, Wmsbg 23188. Phone 678-485-5602 bevvh@yahoo.com

New email address for Betty Jo Parker: mcparker2@gmail.com

Eleanor Smith new apartment and phone number: 151 Sterling Manor Dr. #4205. Phone 757-645-4221

Yearbook, p. 4 – Presidential Advisor should be Joan Ortenzi. Budget & Finance should be Jean Migneault

Nancy Donnelly's updated listing: 129 Broadmoor, Wmsbg 23188. Phone 757-879-6711.

Joan Pavlica's phone number should be 757-810-9714.

Correction to the Collect: The last line should read "O Lord God, let us forget not to be kind."

Correct Home Life Committee listing:

Home Life (Martha Mitchell & Mabel Marten)

Ann Lysenko

Frances McElroy

Jeanne Vanderveer

Ellie Thuermer

Chris Piascik

Carol Bonesteel

Elaine Smith

Susan Ripple

Polly Mills

(Treasurer's Report starts on next page)

The Woman's Club of Williamsburg - GFWC

Treasurer's Report December 1, 2017 - December 31, 2017

For the period:		
Checking Acct Balance		15,783.58
Operating Income:		
	12/6/17	Fees for new member Sharon Ruth 75.00
	12/13/17	42 lunches 714.00
Operating Expense:		
	12/6/17	#1078 Flemings for nametag (10.00)
	12/6/17	#1079 Williamsburg Regional Library book donated in memory of Shelley Rose (60.00)
	12/12/17	#1080 American Red Cross donation for speaker (50.00)
	12/13/17	#1082 Ford's Colony Country Club for 45 lunches (798.25)
Operating Acct Net Change		(129.25)
Service Acct. Income		
	12/6/17	Final payment for Belk Charity event 125.45
	12/6/17	Sale of poinsettias (4) 44.00
	12/6/17	Scholarship donation in memory of Shelley Rose 25.00
	12/13/17	raffle 58.00
Service Acct. Expense		
	12/6/17	#1077 US Fund for UNICEF (36.00)
	12/13/17	#1081 Home Depot for poinsettias (263.12)
Service Net Change		(46.67)
Checking Acct Bal	12/31/17	15,607.66
Petty Cash Balance	12/31/17	cash on hand 50.00
Savings Acct Balance	12/31/17	3,463.77
Income:		<u>Interest fiscal yr to date</u> 0.17
Expense:		
Savings Acct Bal	12/31/17	3,463.94
Grand Total	12/31/17	19,121.60
Operating Acct Bal:		9,195.34
Service Acct Bal:		6,412.32
Total Account Bal:		15,607.66

submitted by: Jean Migneault

Service account balance includes money carried over to special proj from last year

International Outreach	335
Conservation	95.3
scholarships	225
poinsettias sale last year	203.44
poinsettias this year	198.88
Belk Charity event	760.45
Card Party net	1743